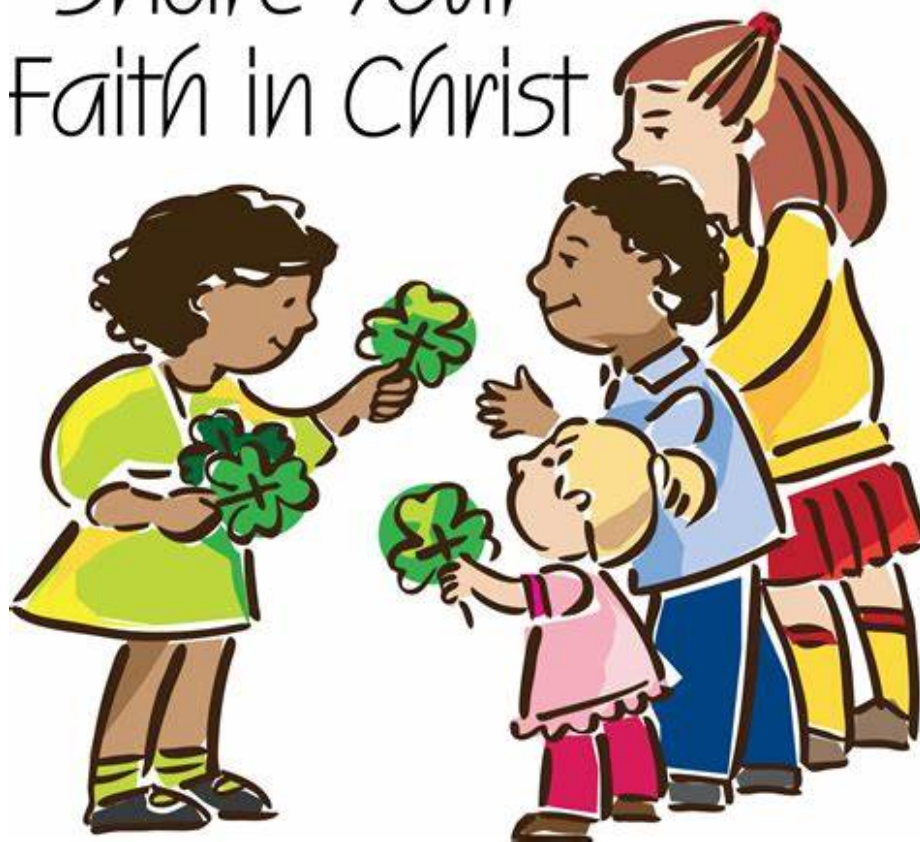


# FAREHAM

## eFOCUS

Share Your  
Faith in Christ



Fareham Methodist Church  
eFocus October 2021  
Registered Charity No 1127814

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### Services for Month of October

3<sup>rd</sup> Oct. Revd. Claire Simpson  
Holy Communion

10<sup>th</sup> Oct. Miss Jean Hooper

17<sup>th</sup> Oct. Gathering for Worship

24<sup>th</sup> Oct. Fareham Team

31<sup>st</sup> Oct. Mrs Wendy Corney



### Thursday Prayer Circle Dates

The Thursday Prayer Circle has restarted. It is held on the FIRST Thursday of each month at 10.30 am (unless advised of a change!).

All are welcome and as the Coffee Centre is open you are welcome to bring a drink into the Sanctuary with you. You can just drop in for 5 minutes or stay longer. Do bring any of your concerns and we will pray with and for you. Or just come and sit and listen - no pressure.

The dates and leaders are as below.

7<sup>th</sup> October will be led by Bob T

4<sup>th</sup> November will be led by Julie

2<sup>nd</sup> December will be led by Claire

4<sup>th</sup> January 2022 will be led by Bob T

If anyone would like to lead a session in the New Year we would be delighted. There are 6 dates from which to choose.

Just contact Bobby and choose your date!!

He's always there  
Where would I be without my God?  
On him do I rely.  
He keeps my sanity in tow  
And here's the reason why:  
No worries have I anymore,  
For God's shown me the way,  
With trust, I do believe in Him,  
I seek Him every day!  
So precious is the love of God,  
He gives it all for free,  
And those who keep it in their hearts  
Know it's no mystery!  
God is our Father this is true,  
Of us he will take care,  
So if you don't know what to do  
Ask God, He's always there!

Ann Dudley Duncan

## Mini Market



Mini Market is re-opening on

**Monday 4<sup>th</sup> Oct, 9:30-11:30 am.**

There will be a few changes including waitress service and other measures to keep us all safe but sausage rolls, homemade cake and a warm welcome will still be on the menu!

Although the Church Stall will be up and running, please note we will not be accepting any donations for the stall at the moment.

In line with Government guidance and our Church policy, we ask all adults who are able to do so to please wear a face covering when entering and moving around the church building. Thank you.

Looking forward to seeing you again,

Liz & Co

### East Fareham House

Sadly the East Fareham House Group will no longer meet. The members all have fallen through their own fragility or the fragility of their partners.

Joan

**The next Sunday lunch will be on  
17<sup>th</sup> October.**

The menu will be

Roast chicken breast with roast potatoes and  
vegetables  
(vegetarian option available)

Followed by:

Individual desserts of jelly with fruit,  
coffee mousse  
jelly yogurts  
or ice cream.

All served with cream if desired.

Please sign up or let me know by Sunday  
10<sup>th</sup> October as numbers will be restricted to  
40.

Please let me know if you can help with  
serving etc.

Jill

### Shoe Box Appeal Reminder

**Shoe Boxes should be returned to Church by  
Sunday 24th October.**



We believe in life before death

You are invited to a

Quiz and Supper

On

Saturday 23rd October 2021 at 6.30pm

At

St John's Church Hall

Upper St Michael's Grove, Fareham

As with all things at present, if Covid-19 guidance changes, we may have to make some adjustments or cancel. If this happens, you will be informed and offered a refund.

Spaces are limited so you need to get tickets in advance.  
Either gather your own team together (up to eight people)  
or just buy a ticket, come along and join in with others.

Bring your own nibbles, drinks and glasses

Tickets - £7.00 per person (supper included)

For more details and tickets, please contact  
Rachel Hicks (01329 312895) or your church rep:  
Linda Foster



## Calling all those who knit and crochet!

We have been approached by a new local funeral director in Fareham, Just Cremation, in West Street, to see if we would like to be involved in a community project to work with them on displays in our church and in their office window to commemorate the period of remembrance at the start of November.

To take part we would like to ask anyone who can knit or crochet to make some woollen poppies that can be used to make a display at the front of our church (which we will take to the URC for our joint service on Remembrance Sunday) and in the window at Just Cremation. Patterns are available from Maggie Wheeler or online.

We would need all poppies completed and collected / left at the church by October 17<sup>th</sup> to give us time to create a display.

NB If you use a pattern that has been provided in association with the Royal British Legion you are invited to respond by making a personal donation.

## Vestry Jottings

Well, here we are into Autumn.

On Sunday the 19<sup>th</sup> September we had our Harvest Festival service and lunch. Thanks to Maggie for our fabulous display and to Sheila who did a wonderful job with our Welcome Area window.

Once again our congregation was very generous and I'm sure that the Food Bank and Fareham College will be very appreciative. I mustn't forget Colin and his team who served a lovely lunch with proceeds going to Church funds.

For the time being First Sunday is on hold as many of our young people have gone on to do other things.

A big thank you to Linda, Kevin, Rox and their team for all their hard work.

We are joining with the Just Cremation Funeral directors to knit or crochet poppies for a display for Remembrance.

Finally a plea from the stewards!!!!

Did anyone take the Prayer Book home for safe keeping? If you did could it be returned please.

Brenda  
On behalf of the stewards

# SEEABILITY

Live. Love. Thrive. Belong.

By the time you read this I may have already completed my virtual London Marathon from Fareham to Portsmouth and back.

I would like to say a huge thank you to those who have chosen to support SeeAbility, the charity for which I am raising money. I have recently learnt that learning difficulties and sight loss are connected because they use the same parts of the brain. I cannot imagine what it is like to have partial sight, let alone total sight loss.

Local broadcaster Peter White says that only a blind person knows what it is like to be blind. It is 132 years since my great uncle was admitted to the "School for the Indigent Blind" in Southwark, later moving with the school to Leatherhead. Today that great work is continued by the charity SeeAbility and long may it continue.

This is the only photograph of Samuel James Brooks wearing his organist gown in the Spring 1910 aged 28, six months before he died of T.B.

<https://uk.virginmoneygiving.com/MarkBrooks19>





## Autumn Recipe

### Blackberry and Lemon Mess

#### Ingredients

600ml tub whipping cream  
6 tbsp. lemon Curd  
2 large egg whites  
1 tsp. cornflour  
3 tbsp. icing sugar  
200g blackberries  
140g caster sugar  
1 tsp. white wine vinegar

#### Method

1. Heat the oven to 120°C/100°C fan/gas ½.  
Line the baking sheet with baking parchment.
2. To make the meringues, put the egg whites in a clean mixing bowl and beat with an electric whisk to stiff peaks. Tip in half the sugar and beat again until shiny and stiff. Add the remaining sugar with the cornflour and vinegar and beat back to shiny and stiff. Dollop 5 very large spoonfuls onto the backing sheet and bake on a low shelf for 1 hour until crisp and the meringues peel easily from the paper. Allow to cool. The meringues will keep in an airtight container for up to 3 days, or in the freezer for up to 3 months.
3. Pour the cream into a large bowl, sift in the icing sugar and gently whip until soft peaks just hold a shape. Chill until ready to serve.

4. To serve, dollop the lemon curd over the whipped cream, then crumble over some of the meringues in small chunks. You probably won't need them all. Put the blackberries into a bowl and lightly rough with a fork so they're whole but juicy then scatter them over the cream. Fold together with a large spatula or spoon, just a few times to marble everything through. Divide between 6 glasses or bowls.

Thank you Andrew. This recipe came from a village parish magazine from Trunch in Norfolk.

You can of course buy the meringues (so much easier) but the topping sounds yummy if you like blackberries.



## What is a Senior Citizen?

A Senior Citizen  
Is one who was here before;  
The pill, television frozen foods,  
contact lenses, credit cards.....  
and before man walked on the moon.

For us, 'Time Sharing' meant  
togetherness, not holiday homes,  
and a 'chip' meant a piece of wood.  
'Hardware' meant nuts and bolts,  
and 'software' wasn't even a word.

We got married first, then lived together,  
and thought cleavage was something that butchers did.  
A 'stud' was something that fastened a  
collar to a shirt, and 'going all the way'  
meant staying on a double decker  
to the bus depot.

We thought that 'fast food' was what you ate in lent.  
A Big Mac' was an oversized raincoat  
and 'crumpet' was had for tea.  
In our day 'grass' was mown,  
'pot' was something you cooked in,  
'coke' was kept in the coal house and  
a 'joint' was cooked on Sundays!

We are today's SENIOR CITIZENS.  
A hardy bunch when you think  
how the world has changed!

Thank you Ian





## **Walk for Freya**

Many of you will be aware that Frances and I lost our first Grandchild back in April, Freya Louise died at 26.3 weeks into the pregnancy. This has been devastating for us, our son Phil, and his wife Kelly.

We have since found out that 8% of babies die between 24 weeks of the pregnancy and a month of the birth, that's 14 a day across the UK,

Although loss of a baby at any time during the pregnancy is devastating for the whole family, a baby of 24 weeks and above is "fully formed" and therefore if they die all the normal processes and procedures have to be followed, including registration of the birth and death, and (the most difficult part) holding a funeral.

This is more common than people think, or speak about, but like many things is rarely discussed, and talking to people locally, including within our Church community, I don't think we realise how many families go through this grief.

The Charity "SANDS" "Still Born and neonatal death syndrome" is working hard to change this, raise awareness and give support to parents going through the trauma. Amongst many things SANDS pay for birthing rooms at Maternity hospitals, grief counselling, memory boxes etc.

In support of SANDS Phil and Kelly are walking 26.3 miles along the Solent Way from Milford on Sea to Netley on Sunday 8<sup>th</sup> October. I will be joining them for the last six miles of the route, and if you feel you are able to support this important work we have a just giving

<https://www.justgiving.com/fundraising/freya-louise-moody>

Thank you, Peter,

### **Editor's Note**



What a wonderful Harvest Festival service. Maggie's display was so brilliant and natural and didn't look at all staged, and Sheila's display on the windowsills completed the look. It was also great to see two Brownies join us as well.

Thank you everyone for continuing to view the eFocus online. Of course we will still have a few printed copies. We are saving the planet and the church funds.

I have included a recipe; we could have a page each month for favourite, tried and tested recipes. Andrew gave me, part of a parish magazine, which had a recipe section and I thought this would be a good idea for our eFocus. Let me know what you think.

The next deadline will be November 1<sup>st</sup>.

Lin



### **Ancient, very ancient and modern.**

Tony was in Norfolk recently and took these interesting photos he would like to share with us.

The first one is of Overstrand (two miles east of Cromer) Methodist Church built in 1898 which was designed by Edwin Lutyens who designed most of New Delhi and is one of only two protestant churches he designed.

The second is of Dippy the dinosaur, the enormous 26 metre long diplodocus, being exhibited in Norwich Cathedral.

Lastly is the Sheringham (two miles west of Cromer) Methodist Church built in 1967 and is of far more modern design. The altar, which is circular, is made of stainless steel surrounded by hassocks. It appears to be a very vibrant church unlike Overstrand where the congregation is not currently meeting.

Thank you, Tony,

I have been so blessed being part of the Church Family. Receiving 'phone calls, letters and the latest news just when I needed encouragement. Now it is even better going back to Church, enjoying the Harvest meal and meeting up with friends.

The 20/21 membership card has been my inspiration.

**“The best of all is God is with us”**

Grateful thanks to all

Marion Bright

## **HAMPSHIRE RIDE & STRIDE 2021**

**by John Bramall**

Saturday 11<sup>th</sup> September dawned bright and sunny, a perfect day for the annual Appeal to raise funds to support the rich heritage of our historic church buildings in South Hampshire, see some very fine countryside and have some fun and companionship along the way. Fellow cyclist Andrew Wilcock set off for deepest Norfolk, not with the intention of cycling all the way from Fareham, but to start the ride once in Norfolk. Andrew had the same sunshine as we had down in Hampshire and was able to remind himself of the steepness of some of the gradients, if not the overall height involved, or length of climb.

My sister Cheryl decided to come along with me for a ride in Hampshire, basically the same as in 2020 but in the opposite direction. It took a little forward planning, mainly to take into account uncertainties caused by road closures and work on the Express Busway: fortunately this work was completed on time so we did not have to worry about last minute diversions.

Starting from Fareham MC we called at Holy Trinity and St John's before getting to St Mary the Virgin, Rowner Lane. We reached Gosport where Holy Trinity was open, we were able to see the Handel Organ, which was regularly used for Concerts and first played in Gosport in 1748, and nowadays gives regular Concerts principally on Sunday afternoons.

We rode on to reach St Mary's Parish Church in Alverstoke, which also was open, very historic and dates from 1290. As we turned to run parallel to the sea at Stokes Bay, we spotted an ice cream van, a good opportunity for a break and refreshment. The wind was now behind us, so the cycling was easy going. At St Faith's, Lee on the Solent, we were able to view the substantial remedial work which has been going on since May, to make the building watertight and, I understand, to undertake a certain amount of work concerning asbestos removal.

Our cycle ride came to a comfortable conclusion, downhill on the slope of Gudge Heath Lane. We had visited a total of 13 Churches, some mentioned here. The sun was still shining; the distance cycled was just a bit under 25 miles. I rode the single speed Phillips heritage bicycle, Jean Everett's birthday gift way back in the 1950s, and still in excellent going order.

Andrew and ourselves, together with generous sponsors, have raised a useful sum for the HIHCT Appeal.





### **HELPERS WANTED FOR THURSDAY COFFEE CENTRE**

IF YOU HAVE TIME TO SPARE ON A THURSDAY MORNING 9.30 – 11.00 AM. COFFEE CENTRE HAS NEED OF YOU. YOUR TASK WOULD BE TO WELCOME CUSTOMERS, TAKE THEIR ORDERS AND MONEY AT THE TABLE, DELIVER THEIR FOOD ON A TRAY THEN CLEAR TABLES. COVID SAFETY MEASURES ARE IN PLACE. WE ARE NOT OFTEN VERY BUSY SO YOU WOULD HAVE TIME TO CHAT AND RELAX MOST WEEKS.

IF YOU ARE INTERESTED CONTACT PENNY GARRETT. YOU WOULD BE MOST WELCOME.